



AWARDS ENTRY SPECS - VIDEO UPLOAD

All entries must be in the format of QuickTime and uploaded online:

<http://awards.promaxbda.org/submission/Dashboard.aspx>

Maximum File Size: 200MB per file.

16:9 aspect ratio – If the original content was formatted 4:3, please provide curtains (black bars on each side) which are mostly typically referred to as “pillar box” to accommodate appropriately for 16:9 playback.

QuickTime (.mov) file format specs that should be easily applied within your non-linear editing tool such as Final Cut Pro, Adobe Premiere or QuickTime Pro are:

<u>VIDEO SETTINGS</u>	
Frame Size:	1024 x 576 / 720 x 405
Pixel Aspect:	1.0 – Square Pixels
File Format:	H.264
Extension:	.mov
De-Interlacing:	Always de-interlace
Frame Rate:	25 fps
Bit Rate Type:	Constant
Bit Rate Kbps:	3000Kbps
<u>AUDIO SETTINGS</u>	
Audio Enabled:	Checkbox is selected
Audio Codec:	AAC
Channels:	Stereo
Sample Rate:	48khz
Quality:	High
Bit Rate:	128 Kbps

OR

<u>VIDEO SETTINGS</u>	
Frame Size:	1280 x 720 (720p)
Pixel Aspect:	1.0 – Square Pixels
File Format:	H.264
Extension:	.mov
De-Interlacing:	Always de-interlace
Frame Rate:	25 / 30 fps
Key Frame Interval:	90 frames per keyframe
Bit Rate Type:	Constant
Bit Rate Kbps:	5000Kbps
<u>AUDIO SETTINGS</u>	
Audio Codec:	AAC
Channels:	Stereo
Sample Rate:	48khz
Quality:	High
Bit Rate:	128 Kbps
* Specs above are similar to the PromaxBDA Global Excellence Awards.	

IMPORTANT NOTES:

i) When using AAC Audio please ensure you output Stereo audio, not Mono.

ii) File names should never contain spaces and please ALWAYS de-interlace

- When naming a file, please do not use spaces or special characters. We suggest using an underscore to represent a space.
→ **Example: chuck_video_from_the_beach.mov**
- If submitting a second version of a video clip, please include V2 (for Version 2) in the name of the file.
→ **Example: chick_video_from_the_beach_V2.mov**

** When uploaded – the Entry # will be automatically tagged.

TRANSLATIONS: Due to the international composition of our judging panels, we must request that all non-English language entries provide English translations/subtitles for judging purposes. Judges has the right to disqualify/penalise any entries due to no-translations reasons.

PLEASE NOTE: All submissions become the property of PromaxBDA to be used at their discretion. All relevant permissions and copyrights are assumed to be cleared by the entrant. We are not able to return any materials submitted for entry.